

C. K. McClatchy Enrichment Activities-at-a-Glance

A 2009 Distinguished School ■ 3066 Freeport Blvd, Sacramento, CA 95818 ■ (916) 264-4400 ■ www.mcclatchyhs.net



Welcome to C. K. McClatchy High School, the home of the Lions! You now join a long tradition of academic excellence. As part of a successful and productive school year, there are many ways to be active and involved in school activities, both through academic coursework and extracurricular enrichment activities and events that are available to all students. Here is a sampling of our activities. Watch for announcements for new enrichment activities and updates on existing ones. Best wishes for a successful school year!

Sports

CKM's Sports Department offers year-round team sports opportunities.

Fall

- Cheerleading
- Cross Country
- Football – Men's Varsity/JV
- Golf – Women's
- Soccer – Men's Varsity/JV
- Tennis – Women's Varsity
- Volleyball – Women's Varsity/JV
- Water Polo

Winter

- Basketball – Men's Varsity/JV
- Basketball – Women's Varsity/JV
- Cheerleading
- Wrestling

Spring

- Baseball – Men's Varsity/JV
- Golf – Men's Varsity
- Soccer – Women's Varsity/JV
- Softball – Women's Varsity
- Swimming and Diving
- Tennis – Men's Varsity
- Track and Field
- Volleyball – Men's Varsity

Visual & Performing Arts

CKM offers outstanding arts instruction, quality performance opportunities, and exceptional cultural and artistic events programming.

- Art
- Band
- Ceramic Art
- Choir
- Color Guard
- Dance
- Digital Photography
- Drama
- Film Literacy
- Jazz Band
- Marching Band
- Orchestra
- Percussion
- Piano Lab
- Three-Dimensional Art

Student & Academic Clubs

Club Rush is an exposition-style setting where students can learn more about CKM's clubs and sign up if interested. Club Rush is held the third week of school during lunch in the Lunch Quad.

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| ▪ Academic Decathlon | ▪ MECHA Club |
| ▪ Air Force Junior ROTC | ▪ MESA Club |
| ▪ Amnesty International | ▪ Micro Credit |
| ▪ Anime Club | ▪ Mien Club |
| ▪ Anti-Cancer Club | ▪ Moot Court |
| ▪ Asian Student Union | ▪ Movie Club |
| ▪ Black Student Union | ▪ MVP (Moral Values Program) |
| ▪ California Scholarship Federation | ▪ National Honor Society |
| ▪ Celtic Club | ▪ NERD Club (Video Gamers) |
| ▪ Diversity Coalition | ▪ Olin Latino |
| ▪ Ecology Club | ▪ Peace Coalition |
| ▪ Fair Trade | ▪ Philosopher's Guild |
| ▪ Feminist Coalition | ▪ Photography/Art Club |
| ▪ FISH Club | ▪ Prospector (School Newspaper) |
| ▪ French Club | ▪ QSA (Queer Straight Alliance) |
| ▪ Friends of Felines | ▪ Robotics |
| ▪ German Club | ▪ Rugby Club |
| ▪ Hmong Club | ▪ Spanish Club |
| ▪ Japanese Culture Club | ▪ Speech/Debate |
| ▪ Junior SPCA | ▪ Student Government |
| ▪ Key Club (Community Service) | ▪ Ukulele Club |
| ▪ Legion of Lions (CKM Sports Fans) | ▪ Vietnamese Club |
| ▪ Make-a-Wish | ▪ Writer's Club |
| ▪ Mariposa Club | ▪ Yearbook |
| ▪ Mathletes | |

Travel & Studying Abroad

CKM students choose to study abroad to learn more about the world and other cultures firsthand. During the summer, students may have opportunities to travel with teachers to various parts of the globe. Travel destinations, as well as cultural exchange program partners, are listed.

During School Year

- Ashland (Seniors)
- Disneyland (Seniors)
- Field Trips

Summer 2013

- Europe/Greece

Summer 2014

- Europe

Past Trips, Future Possibilities

- Africa
- China
- Costa Rica
- Galapagos Islands
- Japan

Study Abroad with Cultural Exchange Organizations

- American Field Study Intercultural Program
- Center for Cultural Exchange
- German-American Exchange
- Rotary International Youth Exchange Summer Study
- Youth Exchange
- Youth for Understanding
- Youth Leadership Program

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FYI for Students

Student Events

- **Back-to-School Orientation (August)**
- **College Night (October)**
Demystify the college application and acceptance processes. Tips on selecting the college best suited for you.
- **Open House (Spring)**
- **Cultural Events Day (April)**
Fun afternoon broadening cultural horizons in arts, crafts, music, cooking and more.
- **Dances**
- **Field Trips**
- **Guest Speakers**
- **Sports Games, Meets and Tournaments**
- **Student Musicals, Plays, Concerts**

Student Resources

- **ASSETS**
After School and Enrichment for Teens Program offering homework support and assistance, and classes for elective credit.
- **College and Career Center**
- **College Application Help Sessions**
- **College Recruiter Visits to CKM**
- **Healthy Start Family Resource Center**
Integrates community and school resources to ensure student success.
- **High School and College Planning**
Guidance Counselors provide educational, personal and social counseling.
- **Library and Media Center**
- **Student Handbook**
Provides extensive information about school rules, policies, student activities and classes.

Academic Programs

CKM's highly acclaimed academies provide focused and unique educational instruction built upon a high quality standards-based curriculum.

- **Air Force Junior ROTC**
Leadership development and aerospace science program.
- **Criminal Justice Academy**
Specialized training in the field of law enforcement.
- **Culinary Arts Academy**
The art of preparing and cooking food and exploring the hospitality industry.
- **Humanities and International Studies Program**
Rigorous honors program with a unique global perspective on learning and understanding.
- **Law and Public Policy Academy**
Law and public policy taught through the lens of the legal system.
- **Regional Occupational Program**
Real life training to enter the work world.
- **Visual and Performing Arts Academy (in development)**

FYI for Parents

Parent Events

- **Back-to-School Orientation (August)**
- **Meet the HISP Teachers Night (September)**
- **Back-to-School Night (September)**
- **College Night (October)**
Demystify the college application and acceptance processes. Tips on selecting the college best suited for your student.
- **College Financial Aid Night (November)**
Information filled discussion on college applications, the college financial aid process, FAFSA, work/study, grants and scholarships.
- **Open House (Spring)**
- **HISP Family BBQ (May)**
The entire HISP family celebrates the year's accomplishments and honors graduating HISP seniors.
- **Sports Games, Meets and Tournaments**
- **Student Musicals, Plays, Concerts**

Parent Resources

- **ASSETS - Parent University**
Training (computer skills, Basic English, workshops) for parents so you can be a full partner in your child's education at McClatchy.
- **Attendance Center**
Absences, early dismissals, late arrivals.
- **Counseling Office**
Good starting point for questions about credits, class schedules, college eligibility and more.
- **Free and Reduced Price Meal Program**
Applications are distributed at the beginning of each school year and submitted online or the cafeteria manager.
- **Healthy Start Family Resource Center**
Integrates community and school resources to ensure student success.
- **Parent Resource Center**
Meeting and training room for parents with access to computers, as well as community and school resources.
- **Student Handbook**
Provides extensive information about school rules, policies, student activities and classes.

Notes:

Parent Involvement

- **Athletic Boosters**
Parents and families pulling together to support team unity and fundraising.
 - Aquatics
 - Baseball
 - Basketball
 - Cross Country
 - Football
 - Track and Field
 - Volleyball
- **Clubs**
Many clubs need adult volunteers.
- **Event Chaperones**
- **HISP Board**
Oversees the HISP's activities and finances.
- **HISP Council**
Parent volunteers are needed to help with College Night, School Visitation, Cultural Events, Year-end BBQ, and more.
- **Parent-Teacher-Student Association (PTSA) Board**
Oversees the PTSA's activities and finances.
- **Parent-Teacher-Student Association**
Supports programs, projects and activities that benefit students and staff school-wide. Parent volunteers are needed to help with Grad Night, office help, teachers' appreciation, school and student activities, and more.
- **Restore the Roar**
Alumni boosters dedicated to supporting McClatchy's athletic traditions.
- **School Site Council**
Group of teachers, parents, classified employees and students working with the principal to develop, review and evaluate school improvement programs and school budgets.